



## 2020 Enrolment Information

Welcome to Instyle Performing Arts, a leading dance studio in the Hills District that offers professional, fun and extensive classes to students from 2 years to adults. The team at Instyle Performing Arts are fully qualified, professional, friendly and dedicated teachers who are 100% committed in helping students learn, improve and enhance their dancing ability and self confidence. Instyle Performing Arts has been operating for 15 years and has created a professional and nurturing atmosphere for the students to pursue their dreams.

Please visit our website at [www.instyleperformingarts.com](http://www.instyleperformingarts.com) for further details and qualifications on our team members. You can also view some great photos and get a feel of our studio community and values.

Instyle Performing Arts offers classes in the following styles:

- JFH – Jazz, Funk and Hip Hop
- Ballet classes or R.A.D Exams
- Tap classes or GWT Exams
- Boys Only Hip Hop
- Musical Theatre
- Acrobatics or Acrobatics Arts Exams
- Pre School AcroDance
- Adult Jazz and Tap
- Pre Junior Combo Classes – Ballet, Tap and Jazz
- Eisteddfod Teams
  - Jazz
  - Lyrical
  - Contemporary
  - Tap
  - Ballet

If you need any help with the following information, please do not hesitate to ask our office staff or send us an email. We also offer trial classes to new students so they can understand what the class is all about before signing up. Thank you for your inquiry and we look forward to seeing you at Instyle Performing Arts.



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# Term Dates 2020

Term	Dates	Duration								
January Holidays	<b>2020 Enrolment Day!!</b> <b>Saturday 18<sup>th</sup> January 10am-1pm</b> <b>32 Windsor RD Kellyville</b>	1 Day								
January Holidays	<b>RAD Ballet Exam Intensives</b> <ul style="list-style-type: none"> <li>Mon 20<sup>th</sup> January</li> <li>Tuesday 21<sup>st</sup> January</li> <li>Wednesday 23<sup>rd</sup> January</li> </ul> <table border="1" style="width: 100%; margin-top: 10px;"> <tr> <td>Primary RAD Ballet 3-4pm</td> <td>Grade 1 RAD Ballet 3-4pm</td> </tr> <tr> <td>Grade 2 RAD Ballet 4-5pm</td> <td>Grade 3 RAD Ballet 4-5pm</td> </tr> <tr> <td>Grade 4 RAD Ballet 5-6pm</td> <td>Grade 5 RAD Ballet 5-6pm</td> </tr> <tr> <td>Inter Found RAD Ballet 6-7pm</td> <td>Intermediate RAD Ballet 6-7pm</td> </tr> </table>	Primary RAD Ballet 3-4pm	Grade 1 RAD Ballet 3-4pm	Grade 2 RAD Ballet 4-5pm	Grade 3 RAD Ballet 4-5pm	Grade 4 RAD Ballet 5-6pm	Grade 5 RAD Ballet 5-6pm	Inter Found RAD Ballet 6-7pm	Intermediate RAD Ballet 6-7pm	3 Days
Primary RAD Ballet 3-4pm	Grade 1 RAD Ballet 3-4pm									
Grade 2 RAD Ballet 4-5pm	Grade 3 RAD Ballet 4-5pm									
Grade 4 RAD Ballet 5-6pm	Grade 5 RAD Ballet 5-6pm									
Inter Found RAD Ballet 6-7pm	Intermediate RAD Ballet 6-7pm									
<b>Term 1</b>	<b><u>Tuesday 28th January – Thursday 9th April 2020</u></b>  <b>Please Note:</b> The studio will be CLOSED Monday 27 <sup>th</sup> January for Australia Day Public Holiday. We will also be closed on Friday 10 <sup>th</sup> and Saturday 11 <sup>th</sup> of April for Easter.  <b>School Holidays</b> RAD Ballet Exam Classes (1 <sup>st</sup> Week) <ul style="list-style-type: none"> <li>Tuesday 14<sup>th</sup> April</li> <li>Wednesday 15<sup>th</sup> April</li> <li>Thursday 16<sup>th</sup> April (Times to be Confirmed)</li> </ul>	11 Weeks								
<b>Term 2</b>	<b><u>Monday 27<sup>th</sup> April – Saturday 4th July 2019</u></b>  <b>Please Note:</b> The studio will be <b>closed</b> on <ul style="list-style-type: none"> <li>Monday 8<sup>th</sup> June – Queens Birthday</li> </ul>	10 Weeks								
<b>Term 3</b>	<b><u>Monday 20<sup>th</sup> July – Saturday 26<sup>th</sup> September 2020</u></b>  <b>School Holidays</b> GWT Exam & Acro Exam Holiday Classes (1 <sup>st</sup> Week) <ul style="list-style-type: none"> <li>Monday 28<sup>th</sup> September</li> <li>Tuesday 29<sup>th</sup> September</li> <li>Wednesday 30<sup>th</sup> September (Times to be Confirmed)</li> </ul> <b>School Holidays</b> Acrobatic Arts Exam (2 <sup>nd</sup> Week) <ul style="list-style-type: none"> <li>Thursday 8<sup>th</sup> October Acrobatic Exams</li> </ul>	10 weeks								
<b>Term 4</b>	<b><u>Monday 12<sup>th</sup> Oct –Saturday 21<sup>st</sup> Nov 2020</u></b>  Annual Christmas Concert is tentatively booked for the 21 <sup>st</sup> November 2020. More information will be given closer to the date.  Term 4 is only a 6-week term; however, we will be charging the normal 10-week term rate to cover all additional rehearsal costs.	6 Weeks								

## 2020 Enrolment Details

The 2020 timetable is attached to this document and has been coloured coded for your convenience. NB: times and classes may be subject to change according to enrolments.

**ONLINE ENROLMENT** – Please visit our website [www.instyleperformingarts.com](http://www.instyleperformingarts.com) and enrol for 2020! Online enrolment will open as of the 1<sup>st</sup> December. Payment is not required upfront, however current students (although have first preference), will need to reserve their spot in each class to avoid disappointment. When you pay your \$30 Registration Fee prior the commencement of Term 1 2020, you will receive your 2020 enrolment gift! **Trial lessons** are still valid for new students, however you still need to enrol into the class you wish to trial.

**CONTACT** – If you have a question relating to 2020 please direct your questions to office staff or via email to [Instyle@instyleperformingarts.com](mailto:Instyle@instyleperformingarts.com), however please be mindful that responses will be delayed throughout the holidays as we will not be at the studio as frequently. The Studio will be closed from the 24<sup>th</sup> November till the 17<sup>th</sup> January 2020. Enrolment day for 2020 is on **Saturday 18<sup>th</sup> January! 10am-1pm**. Look forward to seeing you all there.

## Studio Uniform

The Instyle Performing Arts uniform is to be worn to all classes and is **COMPULSORY** for all students. Students not in studio uniform may be refused entry into their class. Students must come into classes correctly groomed. Hair must be neat and tidy and in a bun for ballet. Jewelry is not permitted as it can cause injury or become lost. Studio uniform can be purchased through the studio, however ballet attire and appropriate shoes can be purchased at Bloch (Rouse Hill) or Centre Stage (Seven Hills). Exam Tap shoes through Slick Dance Wear. Please note the Grade 4 and Grade 5 ballet leotard will now be black.

## 2020 Staff

<b>Melissa Knipler</b>	RAD Ballet Certified, RAD CBTS Mentor, Acrobatic Arts Certified, Bachelor of Education DET. Cert 1V in Performing Arts, 20 Years teaching experience all styles. Studio Director of 15 years.
<b>Juliet Ridge</b>	RAD Ballet Certified, Acrobatic Arts Certified, BSc Sport and Exercise Science, Dip in Performing Arts. Adv1 RAD Ballet.
<b>Stacey Vella</b>	Dip in Performing Arts, Acrobatic Arts Certified, Cert 3 and 4 in Fitness, 10 years teaching experience all styles, Adv1 RAD Ballet, GWT L10, Professional Shows.
<b>Chelsea McEntee</b>	Bachelor of Education (Continuing), 15 Years dance experience, RAD Ballet Adv1, GWT Level 10, Singing and Jazz.
<b>Lee Evans</b>	RAD Ballet Certified, GWT Tap Certified, Bachelor of Education DET, studio owner of 10 years.
<b>Lia Adamsons</b>	Acrobatic Arts Certified, Bachelor of Criminal Justice and Criminology (Continuing), 15 Yrs dance experience, former Instyle Student, ADV 1 RAD Ballet.
<b>Amelia Beggs</b>	Bachelor of Education (Continuing), 15 Years dance experience, former Instyle Student.
<b>Nick Meliska</b>	Cert 3 in Performing Arts, 6 Years dancing experience, professional work.
<b>Melissa Wardell</b>	Bachelor of Education DET. GWT Tap Examiner, 20 Years Teaching Experience.
<b>Kym Nelson</b>	20 Yrs Teaching Experience, Ballet, Jazz, JFH, Hip Hop, Zumba instructor, Musical Theatre, Lyrical, Cheerleader, Dip Beauty and Spa Therapy, App Electrician.
<b>Kelly Cox</b>	15 Years dance experience, 20 Years exp. in Musical Theatre and Bachelor of Education DET.

<b>Claire Leihn</b>	15 Years teaching Dance and Drama in a classroom environment, 7 Years in Studio environment. 10 Yrs HSC Dance marking exp. and consulting Curriculum.
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# Fee Schedule 2020

## Registration

Annual registration is compulsory and is required from every student enrolling at Instyle Performing Arts. **Registration is \$30** and this payment secures your place in each class and contributes towards trophy presentation day and insurances.

## Junior Fees (For students in Pre-School or Primary School)

Classes per week	Price per term 10 Weeks	Discount
1	\$130 @ \$13.00 per lesson	
2	\$234 @ \$11.70 per lesson	10% off Members
3	\$312 @ \$10.40 per lesson	20% off Bronze Member
4	\$416 @ \$10.40 per lesson	20% off Bronze Member
5	\$455 @ \$9.10 per lesson	30% off Silver Member
6	\$507 @ \$8.45 per lesson	35% off Silver Member
7 and Unlimited	<b>\$545</b> @ \$7.80 per lesson	40% off Gold Member
Combo Classes 1hr lessons	\$150	

## Senior Fees (For students in High School)

Classes per week	Price per term	Discount
1	\$140 @ \$14.00 per lesson	
2	\$252 @ \$12.60 per lesson	10% off Members
3	\$336 @ \$11.20 per lesson	20% off Bronze Member
4	\$448 @ \$11.20 per lesson	20% off Bronze Member
5	\$490 @ \$9.80 per lesson	30% off Silver Member
6	\$546 @ \$9.10 per lesson	35% off Silver Member
7 and Unlimited	<b>\$590</b> @ \$8.42 per lesson	40% off Gold Member

**NB: Family Discount** – 3<sup>rd</sup> Child that does the least amount receives fees at half price.

- Term Invoices will be emailed to you.
- Term fees are to be paid within the first 2 weeks of each term.
- Fees are not refundable, however students can make up missed classes unless already on the unlimited package.
- Fees can be paid in either cash, card or through direct debit.
- We also accept Active and Creative Kids Vouchers, that will need to be emailed including students' full name, DOB and towards designated Term Fees.
- Please ensure fees are itemised with the **student's name and invoice number**.
- **Account name:** Instyle Performing Arts
- **BSB #:** 082 155
- **Account #:** 588 259 493

### Private Lessons - \$30 per half hour

- All private lessons are to be paid at the time of the private lesson.

### Performance Team Registration Fee – Performance Team annual fee is **\$50**.

- This will be invoiced to you when you receive your Performance Team Pack for 2020 with all the save the dates.

## **Class Grading and Information**

### **2-3 Years – Dance and Movement Classes**

This is a fun class for **toddlers** who are not quite ready to leave their parent or carer yet. In this class students will sing, dance and move using a variety of props to make learning fun. They will learn; body awareness, spatial awareness, coordination, rhythm, turn taking and independence.

**Uniform:**

There is no uniform required for this class, however we do recommend the Instyle Leotard frill skirt with some soft leather pink ballet shoes.

**Look for the Yellow colour on the timetable.**

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### **3-5 years Pre- School Aged Students**

**Combo Classes: Jazz, Ballet, Tap**

This is a fun dance class for Pre-school aged students combining Ballet, Tap and Jazz. Students will twirl a ribbon, pointe their toes, go to the ball, tap in puddles and leap over flowers! Dance techniques are introduced in a fun and imaginative lesson guaranteed to inspire a love for dance.

**Pre-School AcroDance:**

A fun class that explores dance and acrobatics together. This class is for Pre-School aged students and develops body awareness, strength, flexibility, balance and coordination using fun props and safety mats following the Acrobatic Arts Syllabus.

**Pre-Primary RAD Ballet:**

Ballet is the foundation for all styles of dance. Pre-School students will begin to learn correct posture and body awareness in an imaginative and fun learning atmosphere following the Royal Academy of Dance (RAD) syllabus. Students will begin to understand true classical technique that is globally recognised.

**Combo and AcroDance Uniform:**

Filled Skirt Leotard, Ballet shoes, Tan Tap shoes and Tan Jazz Shoes.

**Pre-Primary Ballet Uniform:**

- Lavender Leotard with gather front (LO618G).
- Lavender RAD Circle Skirt (A0733G).
- Flesh Pink ballet stockings or socks
- Full sole leather ballet shoes

**Look for the Hot Pink colour on the timetable.**

# Class Grading and Information

## 5-6 years – Students in Kindergarten at School

### **Kindy Combo Classes: Jazz, Ballet and Tap**

This is a fun dance class for Kindergarten students combining Ballet, Tap and Jazz. Students will be exposed to the 3 different dance styles and dance techniques are introduced in a fun and imaginative lesson guaranteed to inspire a love for dance.

### **Kindergarten Acrobatics:**

An acrobatic class for Kindergarten students that develops body awareness, strength, flexibility, balance and coordination using fun props and safety mats following the Acrobatic Arts Syllabus.

### **Primary RAD Ballet:**

Ballet is the foundation for all styles of dance. Students will learn correct posture and body awareness in an imaginative and fun learning atmosphere following the Royal Academy of Dance syllabus. Students will understand true classical technique that is globally recognised.

### **Junior Stretch and Technique:**

Stretch and technique classes allow students to grasp a true understanding of the importance of warming up and stretching correctly to reach their goals. Students work on their flexibility as well as gaining strength to improve on progression techniques, perfecting kicks, leaps and turns.

### **GWT Glenn Wood Tap Exam class:**

Students will learn tap technique and have the opportunity to participate in Tap Exams following the prestigious Glen Wood Tap Syllabus.

### **Pre Junior Performance Team:**

In order to represent Instyle Performing Arts at local dance competitions, eisteddfods, fetes and community events, students are required to participate in the above classes as a pre-requisite for this class. This class is suitable for students in **Kindergarten and Year 1** and will definitely give your child the chance to perform regularly throughout the year.

### **Ballet Uniform:**

Primary Ballet:

- Lavender Leotard with gather front (LO618G).
- Lavender RAD Circle Skirt (A0733G).
- Flesh Pink ballet stockings or socks
- Full sole leather ballet shoes

### **Jazz/Tap/Acrobatics/Musical Theatre Uniform:**

- Instyle Shorts
- Instyle Crop Top
- Instyle Singlet or T-Shirt
- Tan Jazz Shoes
- Tan Tap Shoes

**Look for the Purple colour on the timetable.**



# Class Grading and Information

## Junior Classes- Year 1 & 2 at School:

**Junior JFH:** An energetic class that involves the whole body, learning jazz progressions and techniques as well as learning up to date choreography. Instyle Performing arts offers fun and age appropriate jazz/funk/hip hop classes and choreography to all students.

**Junior Tap:** Tap dancing teaches students rhythm, coordination and a love for understanding all genres of music.

**Junior Musical Theatre:** Musical Theatre classes teach students to act, dance and sing! Students learn drama skills, increase performance confidence and learn techniques to establish character personalities for stage.

**Junior Acrobatics:** Acrobatic classes are designed for increasing flexibility, strength, control, skill and balance. If you like to tumble, cartwheel and balance, then this is the class for you! We are trained in the prestigious Acrobatic Arts Syllabus and students are able to take part in examinations for acrobatics also.

**Junior Combo:** This is a fun dance class for students combining Ballet, Tap and Jazz. Students will be exposed to the 3 different dance styles and dance techniques are introduced in a fun and imaginative lesson guaranteed to inspire a love for dance.

**Primary RAD Ballet and Grade 1 RAD Ballet** (for students who have completed Primary): Ballet is the foundation for all styles of dance. Students will learn correct posture and body awareness in an imaginative and fun learning atmosphere following the Royal Academy of Dance syllabus. Students will understand true classical technique that is globally recognised.

**Junior Stretch and Technique (Primary Ballet to Grade 2 ballet students):** Stretch and technique classes allow students to grasp a true understanding of the importance of warming up and stretching correctly to reach their goals. Students work on their flexibility as well as gaining strength to improve on progression techniques, perfecting kicks, leaps and turns.

### **GWT Glenn Wood Tap Exam class L2 and L3:**

Students will learn tap technique and have the opportunity to participate in Tap Exams following the prestigious Glen Wood Tap Syllabus.

### **Junior Performance Team in Ballet, Jazz, Tap and Lyrical:**

In order to represent Instyle Performing Arts at local dance competitions, eisteddfods, fetes and community events, students are required to participate in the above classes as a pre-requisite for these performance classes. These classes are suitable for students in **Year 2 and Year 3** and will definitely give your child the chance to perform regularly throughout the year.

### **Ballet Uniform: Grade 1, 2, and 3 Ballet**

- Jacaranda leotard. Rosa girls leotard (LR5007G)
- Flesh pink ballet stockings or ballet socks.
- Full sole ballet shoes with elastic (Ribbons for Grade 3)
- Character shoes (Flat heel G1 and G2, Cuban Heel for Grade 3)
- Character skirt with studio ribbon (please see office staff)

### **Jazz/Tap/Acrobatics/Musical Theatre Uniform:**

- Instyle Shorts
- Instyle Crop Top
- Instyle Singlet or T-Shirt
- Tan Jazz and Tap Shoes

**Look for the Aqua Blue colour on the timetable**

## Class Grading and Information

### Pre-Intermediate Classes- Year 3 & 4 at School:

**Pre-Intermediate JFH:** An energetic class that involves the whole body, learning jazz progressions and techniques as well as learning up to date choreography. Instyle Performing arts offers fun and age appropriate jazz/funk/hip hop classes and choreography.

**Pre-Intermediate Tap:** Tap dancing teaches students rhythm, coordination and a love for understanding all genres of music.

**Pre-Intermediate Musical Theatre:** Musical Theatre classes teach students to act, dance and sing! Students learn drama skills, increase performance confidence and learn techniques to establish character personalities for stage.

**Pre-Intermediate Acrobatics:** Acrobatic classes are designed for increasing flexibility, strength, control, skill and balance. If you like to tumble, cartwheel and balance, then this is the class for you! We are trained in the prestigious Acrobatic Arts Syllabus and students are able to take part in examinations for acrobatics also.

**Grade 1/2/3/4 RAD Ballet:** (for students who have completed previous level): Ballet is the foundation for all styles of dance. Students will learn correct posture and body awareness in an encouraging and fun learning atmosphere following the Royal Academy of Dance syllabus. Students will understand true classical technique that is globally recognised.

**Stretch and Technique: Junior** (Primary Ballet to G2 ballet students) **Intermediate** (G3 to G5 ballet students): Stretch and technique classes allow students to grasp a true understanding of the importance of warming up and stretching correctly to reach their goals. Students work on their flexibility as well as gaining strength to improve on techniques, perfecting kicks, leaps and turns.

**Intermediate Lyrical:** Lyrical/ modern expressive is a combination of Ballet and Jazz moves expressing a feeling through song, movement and emotion. (Year 3-6 at school).

**GWT Tap Exam class L3/ L4/L5:** (for students who have completed previous level): Students will learn tap technique and have the opportunity to participate in Tap Exams following the prestigious Glen Wood Tap Syllabus.

#### **Junior Performance Team in Ballet, Jazz, Tap and Lyrical:**

In order to represent Instyle Performing Arts at local dance competitions, eisteddfods, fetes and community events, students are required to participate in the above classes as a pre-requisite for these performance classes. These classes are suitable for students in **Year 2 and Year 3** and will definitely give your child the chance to perform regularly throughout the year.

#### **Ballet Uniform: Grade 1, 2, and 3 Ballet**

- Jacaranda leotard. Rosa girls leotard (LR5007G)
- Flesh pink ballet stockings or ballet socks.
- Full sole ballet shoes with elastic (Ribbons for Grade 3)
- Character shoes (Flat heel G1 and G2, Cuban Heel for Grade 3)
- Character skirt with studio ribbon (please see office staff)

#### **Jazz/Tap/Acrobatics/Musical Theatre/ Stretch Uniform:**

- Instyle Shorts
- Instyle Crop Top
- Instyle Singlet or T-Shirt
- Black Jazz and Tap Shoes

**Look for the Baby Blue on Friday & Aqua Blue on Mon & Wed on the Timetable.**

# Class Grading and Information

## Intermediate Classes- Year 5 & 6 at School:

**Intermediate JFH:** An energetic class that involves the whole body, learning jazz progressions and techniques as well as learning up to date choreography. Instyle Performing arts offers fun and age appropriate jazz/funk/hip hop classes and choreography.

**Intermediate Tap:** Tap dancing teaches students rhythm, coordination and a love for understanding all genres of music.

**Intermediate Musical Theatre:** Musical Theatre classes teach students to act, dance and sing! Students learn drama skills, increase performance confidence and learn techniques to establish character personalities for stage.

**Intermediate Acrobatics:** Acrobatic classes are designed for increasing flexibility, strength, control, skill and balance. If you like to tumble, cartwheel and balance, then this is the class for you! We are trained in the prestigious Acrobatic Arts Syllabus and students are able to take part in examinations for acrobatics also.

**Grade 4/5 RAD Ballet:** (for students who have completed previous level): Ballet is the foundation for all styles of dance. Students will learn correct posture and body awareness in an encouraging and fun learning atmosphere following the Royal Academy of Dance syllabus. Students will understand true classical technique that is globally recognised.

**Intermediate Stretch and Technique:** (Grade 3-Grade 5 ballet students): Stretch and technique classes allow students to grasp a true understanding of the importance of warming up and stretching correctly to reach their goals. Students work on their flexibility as well as gaining strength to improve on progression techniques, perfecting kicks, leaps and turns.

**Intermediate Lyrical:** Lyrical/ modern expressive is a combination of Ballet and Jazz moves expressing a feeling through song, movement and emotion. (Year 3-6 at school).

**GWT Tap Exam class L4/L5/L6:** (for students who have completed previous level): Students will learn tap technique and have the opportunity to participate in Tap Exams following the prestigious Glen Wood Tap Syllabus.

### **Intermediate Performance Teams:**

In order to represent Instyle Performing Arts at local dance competitions, eisteddfods, fetes and community events, students are required to participate in the above classes as a pre-requisite for these performance classes. These classes are suitable for students in **Year 4, Year 5 and Year 6** and will give your child the chance to perform regularly throughout the year.

### **Ballet Uniform: Grade 4 and 5**

- Black leotard, Rania girls / women's (LR5002L)
- Flesh pink ballet stockings.
- Full sole ballet shoes with ribbons
- Character shoes, Cuban Heel and Character skirt with studio ribbon

### **Jazz/Tap/Acrobatics/Musical Theatre/ Stretch Uniform:**

- Instyle Shorts
- Instyle Crop Top
- Instyle Singlet or T-Shirt
- Black Jazz and Tap Shoes

**Look for the Baby Pink colour on the timetable.**

## Pre-Senior Classes- Year 7 & 8 at High School:

**Pre-Senior JFH:** An energetic class that involves the whole body, learning jazz progressions and techniques as well as learning up to date choreography. Instyle Performing arts offers fun and age appropriate jazz/funk/hip hop classes and choreography.

**Pre-Senior Tap:** Tap dancing teaches students rhythm, coordination and a love for understanding all genres of music.

**Pre-Senior Musical Theatre:** Musical Theatre classes teach students to act, dance and sing! Students learn drama skills, increase performance confidence and learn techniques to establish character personalities for stage.

**Pre-Senior/Senior Acrobatics:** Acrobatic classes are designed for increasing flexibility, strength, control, skill and balance. If you like to tumble, cartwheel and balance, then this is the class for you! We are trained in the prestigious Acrobatic Arts Syllabus and students are able to take part in examinations for acrobatics also.

**Inter Foundation Ballet:** (for students who have completed previous levels): Ballet is the foundation for all styles of dance. Students will learn correct posture and body awareness in an encouraging and constructive learning atmosphere following the Royal Academy of Dance syllabus. Students will understand true classical technique that is globally recognised.

**Pre-Senior Stretch and Technique:** Stretch and technique classes allow students to grasp a true understanding of the importance of warming up and stretching correctly to reach their goals. Students work on their flexibility as well as gaining strength to improve on progression techniques, perfecting kicks, leaps and turns.

**Pre-Senior Lyrical:** Lyrical/ modern expressive is a combination of Ballet and Jazz moves expressing a feeling through song, movement and emotion.

**GWT Tap Exam class L7/L8:** (for students who have completed previous level): Students will learn tap technique and have the opportunity to participate in Tap Exams following the prestigious Glen Wood Tap Syllabus.

### **Senior Performance Teams:**

In order to represent Instyle Performing Arts at local dance competitions, eisteddfods, fetes and community events, students are required to participate in the above classes as a pre-requisite for these performance classes. These classes are suitable for students in High School and will give your child the chance to perform regularly throughout the year.

### **Ballet Uniform**

- **Inter Foundation Ballet**
- Black leotard
- Flesh pink ballet stockings.
- Full sole ballet shoes with ribbons (Pointe shoes with ribbons if required)

### **Jazz/Tap/Acrobatics/Musical Theatre/ Stretch Uniform:**

- Instyle Shorts
- Instyle Crop Top
- Instyle Singlet or T-Shirt
- Black Jazz Shoes
- Black Tap Shoes

**Look for the Green colour on the timetable.**

## Senior Classes- Year 9 & up at High School:

**Senior JFH:** An energetic class that involves the whole body, learning jazz progressions and techniques as well as learning up to date choreography. Instyle Performing arts offers fun and age appropriate jazz/funk/hip hop classes and choreography.

**Senior Tap:** Tap dancing teaches students rhythm, coordination and a love for understanding all genres of music.

**Senior Musical Theatre:** Musical Theatre classes teach students to act, dance and sing! Students learn drama skills, increase performance confidence and learn techniques to establish character personalities for stage.

**Senior Acrobatics:** Acrobatic classes are designed for increasing flexibility, strength, control, skill and balance. If you like to tumble, cartwheel and balance, then this is the class for you! We are trained in the prestigious Acrobatic Arts Syllabus and students are able to take part in examinations for acrobatics also.

**Intermediate – Adv1 Ballet:** (for students who have completed previous levels):

Ballet is the foundation for all styles of dance. Students will learn correct posture and body awareness in an encouraging and constructive learning atmosphere following the Royal Academy of Dance syllabus. Students will understand true classical technique that is globally recognised.

**Senior Stretch and Technique:** Stretch and technique classes allow students to grasp a true understanding of the importance of warming up and stretching correctly to reach their goals. Students work on their flexibility as well as gaining strength to improve on progression techniques, perfecting kicks, leaps and turns.

**Senior Lyrical:** Lyrical/ modern expressive is a combination of Ballet and Jazz moves expressing a feeling through song, movement and emotion.

**GWT Tap Exam class L8/L9/L10:** (for students who have completed previous level):

Students will learn tap technique and have the opportunity to participate in Tap Exams following the prestigious Glen Wood Tap Syllabus.

**HSC Dance:** This is a Department of Education and NESAC accredited, HSC External Dance Program that offers course options to students who do not have access to Dance at their own High School or would like to accelerate the Dance HSC subject. Study the HSC 2 Unit Preliminary and HSC Dance Course externally.

### **Senior Performance Teams:**

In order to represent Instyle Performing Arts at local dance competitions, eisteddfods, fetes and community events, students are required to participate in the above classes as a pre-requisite for these performance classes. These classes are suitable for students in High School and will give your child the chance to perform regularly throughout the year.

### **Ballet Uniform**

- Black leotard any style
- Flesh pink ballet stockings
- Full sole ballet shoes with ribbons (Pointe shoes with ribbons if required)

### **Jazz/Tap/Acrobatics/Musical Theatre/ Stretch Uniform:**

- Instyle Shorts
- Instyle Crop Top
- Instyle Singlet or T-Shirt
- Black Jazz Shoes
- Black Tap Shoes

**Look for the Dark Blue colour on the timetable.**

## 2020 Timetable

2-3yrs	3-5yrs	Kindy	Year 1/2	Year 3/4	Year 5/6	Year 7/8	Year 9-12	Boys Only	HSC
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### Monday

	Studio 1	Studio 2	Studio 3	Studio 4
9:30	Mums and Bubs 9:30-10:15	Pre-School COMBO		
10:30	Adult Tap	Pre-School Acrobatics		
4:00	Inter Stretch (Grade 3-5)	Primary Ballet RAD	Grade 1 Ballet RAD	Grade 2 Ballet RAD
4:45	Junior Stretch (Prim-G2)	Grade 4 Ballet RAD	Grade 3 Ballet RAD	Grade 5 Ballet RAD
5:30	Inter Perf Lyrical/Ballet	Junior Perf Lyrical/Ballet	Sen Ballet Perf/cond	Inter Lyrical Y3-6
6:30	Pointe B RAD Ballet/Pre Pointe	(Private)	Pointe A RAD Ballet	GWT Tap level 6
7:15	Advanced 1/2 Ballet RAD	Intermediate Ballet RAD	Inter Found Ballet RAD	(Private)

### Tuesday

	Studio 1	Studio 2	Studio 3	Studio 4
9:30		Pre-School COMBO		
10:30		Pre-School Acrobatics		
4:15	Pre Senior/ Senior Tap	GWT Tap Level 9		
5:00	Senior Stretch/ Tech	Pre Senior Stretch/Tech		
5:45	Pre Senior JFH	Senior JFH		
6:30	Senior Musical Theatre	Pre Senior Musical Theatre		
7:15	Pre Senior Lyrical	Senior Lyrical	Adult Jazz 7-8pm	
8:00			Adult Tap 8-9pm	

### Wednesday

	Studio 1	Studio 2	Studio 3	Studio 4
9:30		Pre-School COMBO		
10:30		Pre-School Acrobatics		
4:00	Junior Jazz Performance	Pre Jun Jazz Performance	GWT Tap L4	GWT Tap L5
4:45	Inter Jazz Performance	Pre Primary Ballet 4:45-5:15	Grade 1 Ballet RAD	Primary Ballet RAD
5:30	Inter Tap Performance	GWT Tap L2	GWT Tap L3	HSC DANCE 5:15-6:15
6:15	Grade 3 Ballet RAD	Jun Tap Perf (6:15-6:45)	Grade 4 Ballet RAD	Grade 2 Ballet RAD

### Friday

	Studio 1	Studio 2	Studio 3	Studio 4
4:15	Junior Acrobatics	Kindy COMBO (4-5)	Pre Inter MT	Inter Tap
5:00	Pre Inter Acrobatics	Kindy Acrobatics	Inter MT	Junior JFH
5:45	Inter Acrobatics	Pre Inter JFH	Junior Tap	BOYS JFH K-2
6:30	Inter JFH	Junior MT	Pre Inter Tap	BOYS JFH Year 3-6

### Saturday

	Studio 1	Studio 2	Studio 3	Studio 4
8:00	Elite Perf (By Audition)			
9:00	Senior Acrobatics	COMBO Pre-School	COMBO Kindy	Mums and Bubs
10:00	Conditioning (Perf Only)	Junior COMBO Y1/Y2/Y3	Kindy Acrobatics 10-10:45	Pre-School Acro 10-10:45
11:00	Senior Lyrical/ Cont Perf	Y1/3 Acrobatics 11-11:45	Y3-Y6 Acrobatics 11-11:45	
12:00	Grade 5 Ballet RAD	Inter Found RAD Ballet	Advanced 1/2	
12:45	GWT 7	Intermediate RAD Ballet	GWT 8	
1:30	Jazz Performance	GWT Tap level 10	(Private)	
2:15	Senior Tap Performance	(Private)		

NB:

- Class times are subject to change pending on enrolments.
- Performance classes have pre-requisite requirements.
- Elite Performance is via audition only. Audition to be held 1<sup>st</sup> Saturday back (1<sup>nd</sup> Feb 2020).
- All exam levels will be based on readiness not age.



## Enrolment Form 2020

STUDENT NAME: \_\_\_\_\_

FAMILY NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ AGE IN 2020: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PARENTS MOBILE: \_\_\_\_\_ MUM'S NAME: \_\_\_\_\_

PARENTS MOBILE: \_\_\_\_\_ DAD'S NAME: \_\_\_\_\_

STUDENT MOBILE: \_\_\_\_\_ SCHOOL GRADE IN 2020: \_\_\_\_\_

DOES YOUR CHILD HAVE ANY MEDICAL CONDITIONS, WHICH WE SHOULD BE AWARE ABOUT?

\_\_\_\_\_

MEDICARE NUMBER: \_\_\_\_\_

EMERGENCY CONTACT NAME AND NUMBER: \_\_\_\_\_

HOW DID YOU HEAR ABOUT US? \_\_\_\_\_

**Please read guidelines and policies and sign the following information:**

I certify that I have read, understand and agree to the terms and conditions outlined in the guidelines and policies section of this document. I have initialled each policy to acknowledge my understanding of the guidelines. I certify that the enrolment form information is correct and I also confirm that my child/children are able to participate in the nominated classes at the studio.

NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

We would like to take this opportunity to welcome you to Instyle Performing Arts. We trust you will enjoy your dancing experience with us and we look forward to having you apart of our dance community. If there is anything you need, please feel welcome to contact us.

Kind Regards,

Melissa Knipler  
(Studio Director)

Office Use Only  
Received registration fee of \$30.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_



## Guidelines and Policies 2020

**Fees** – Fees are to be paid per term and need to be finalised by **Week 2** of each term. Fees can be paid in cash, or direct deposit and all fees paid will receive a receipt for your records. **All fees are non refundable and non-transferable once paid.** Registration is due upon enrolment and failure to pay term fees by Week 6 will result in students being excluded from classes and/or private lessons. If students miss a lesson, they are more than welcome to make it up by attending another/similar class. If there are any problems with fee payment, please see Melissa for an alternative payment schedule. (Please **note:** students will not be able to perform in the concert unless all of their term fees, costume deposits and final costume payments have been paid). \_\_\_\_\_

**Classes** – Class times have been scheduled for 2020 however; Instyle reserves the right to modify the timetable as required. Parents are allowed to watch their children for the last 10 minutes of class at the end of every term – Week 10 (except for Term 4, as we will be preparing for our annual concert). \_\_\_\_\_

**Uniform and grooming** – Students must be neatly attired and in the **studio uniform at all times** for the appropriate class. Parents are responsible for purchasing the correct dance wear and dance shoes for each class. Student's hair is to be in a bun (for ballet) or in a neat ponytail (jazz, tap, acro). Students who attend class dressed in the incorrect attire and without hair neatly done will be restricted from attending the class. \_\_\_\_\_

**Private Lessons** – All private lessons **MUST** be paid in an envelope with the student's name, time, date and teacher written on the front before commencing the class. If you miss a private lesson and do not give more than **24 hours notice** without rescheduling, payment for the missed lesson **MUST** be made. Private lessons are booked for the entire year and eisteddfod students are required to have a regular time slot. \_\_\_\_\_

**Concert & Concert Costumes** – Our end of year concert is held at Parramatta Riverside Theatre in Term 4 (A Saturday in November). Every student participating in the end of year concert will be required to purchase a costume for every class/routine. All students are required to pay a \$30 costume deposit per class/routine in Term 3. **Costume deposits are a commitment to the concert** performance and no refunds will be given once deposit has been paid. More details will be given throughout the year. \_\_\_\_\_

**Performance Teams & Costumes** – Being a part of the performance team requires **100% commitment**, therefore, all students in our performance teams are required to attend all of performances scheduled for the year. Failure to attend scheduled classes/performances will forfeit your position in the team. Each performance team requires a costume for each routine. We endeavor to keep the costs as low as possible; however, we pride ourselves on our professionalism and take great care of our image. \_\_\_\_\_

**Students Behaviour** – Students are to be on their best behaviour at all times whilst on the premises and must not disturb any classes. Parents are responsible for their children's behaviour and safety whilst at the studio and not in class. Students are not to loiter outside or run around the foyer area. The safety of every student is paramount. \_\_\_\_\_

**Parents** – Parents are asked not to disturb classes while in progress. If you need to contact us, please call, text or send an email. If we are unavailable, please leave a message and we will phone you back ASAP. \_\_\_\_\_

**Punctuality** – Parents are responsible for ensuring students arrive and are collected on time. Teachers and staff are not always available to supervise late pick-ups so if you are running late, please contact us. Continual lateness is disruptive to the class so we would appreciate your cooperation. \_\_\_\_\_

**Communication** – Newsletters will be distributed throughout the year to keep you updated with any events happening within the studio. A lot of time and effort goes into the newsletters so please ensure you read them. If you do not receive an edition of the newsletter, please see the office staff to get your copy. We will also have important information on the office T.V, Facebook and Instagram. It is important that all parents and students are well informed about any upcoming events or important news. \_\_\_\_\_

**Parking** – There is plenty of parking at the studio (in front and behind), therefore, please park in spaces that are easily accessible for all concerned. The driveway can become quite congested so please give way to cars turning into the driveway from Windsor Rd and when exiting the studio, please turn left onto Windsor Rd and use the petrol station to turn around. Windsor Rd can get very busy and we do not want any accidents to occur. Please remember to drive slowly in the driveway. \_\_\_\_\_

**Photography and DVD** – Photographs or video recordings may be taken in class or at performances throughout the year. By enrolling at Instyle, you give permission for us to use photographs or video recordings of your children for promotional and advertising purposes ONLY. \_\_\_\_\_

**Safety and Corrections** – Children may be touched for correction purposes or spotting during class by the teacher. Please be advised that all classes are well supervised however each student participates at their own risk. Therefore no responsibility will be placed upon the teacher or studio should an injury occur during the course of any class. Safety rules are enforced throughout these guidelines and by the staff for the safety of all the children. I give permission for first aid to be administered if deemed necessary by staff. \_\_\_\_\_

